



Our menus are purely suggestions we are happy to create a menu for your specific event or occasion within your special requirements & budget. We are happy to provide a taster session

370 Mumbles Road Norton Swansea SA3 5TN

www.zing.wales ✉ info@zing.wales ☎ 01792 549495 📞 07779 169 135



Finger Buffet

Sandwiches & Bridge Rolls

a selection of white, brown and whole meal breads filled with
Roast beef - Baked Ham – Chicken - Welsh Cheeses - Tuna - Egg

Vegetarian Basket

- Fruit Platter – Strawberries | Melon | Grapes (v)
- Crudities – Celery | Julienne of Carrot | Cucumber | Mixed Peppers (v)
- Grilled Mediterranean vegetables & mozzarella on bruschetta
- Vegetarian Quiche (v)
- Mini Baked Potatoes with Mozzarella & Red Onion (v)

Pastries

- Chicken Satay with a peanut Dip
- Duck Spring Rolls with a Classic Plum Sauce
- Vegetable Samosas with Lime Pickle (v)
- Onion Bhajee served with Mint Mayonnaise (v)
- Cocktail Sausage Roll
- Pork Pie & Tangy Pickle
- Cheese & Onion (v)
- Gower Laverbread & Cockles Smoked Bacon vol en vont

Meat Feasts

- Mexican Chicken goujons accompanied with a chill salsa
- Thai Chicken kebabs
- Chicken Wings in BBQ sauce
- Hot 'N' Kickin' Chicken with Mint Yoghurt
- Mini Baked Potatoes with Welsh Cheese and Smoked Bacon
- Tandoori Chicken Wings
- Lemon & Thyme roast Chicken Drumstick
- Honey Roast Sausage
- Finger Lickin' Ribs – Pork Ribs in BBQ Sauce

Fisherman's Net

- Tiger Tail Prawns with Marie Rose Sauce
- Crispy Cod Goujons with Tartare Sauce
- Salmon & Potato Cakes in a Herb Coating

Eastern

- Chicken Satay with a peanut Dip
- Duck Spring Rolls with a Classic Plum Sauce
- Vegetable Samosas with Lime Pickle (v)
- Onion Bhajee served with Mint Mayonnaise (v)

Cakes & Dessert Canapés

- Welsh Cakes & Bara Brith
- Strawberries & Cream | Chocolate Orange Mousse
- Summer Fruit Tartlet
- Crème Patisserie and Fresh Raspberries

- 5 items @£5.50
- 6 items @£6.25
- 7 items @£7.00
- 10 items @£7.95



1. Gluten



2. Crustaceans



3. Mollusc



4. Fish



5. Nuts



6. Peanuts



7. Sesame seeds



8. Eggs



9. Milk



10. Mustard



11. Celery



12. Lupin



13. Soya



14. Sulphur Dioxide

