



Our menus are purely suggestions we are happy to create a menu for your specific event or occasion within your special requirements & budget. We are happy to provide a taster session

370 Mumbles Road Norton Swansea SA3 5TN

www.zing.wales ✉ info@zing.wales ☎ 01792 549495 📞 07779 169 135



Starters

FISH

- **Tiger Tail Prawns £4.00**
Served on a bed of baby spinach leaves with a chill Thai Coconut Cream sauce
- **Flaked Chablis Poached Salmon £4.25**
On a bed of Rocket salad and a lemon and dill mayonnaise
- **Peppered Smoked mackerel 4.00**
- With a roasted beetroot salad and creamed horseradish
- **Thai Fishcakes £4.00**
Smoked haddock flavoured with lime, coconut & chilli served with a Rocket Salad



PATE

- **Chicken liver parfait £4.00**
A smooth pate served with brown toast and a red onion chutney
- **Layered salmon and asparagus terrine £4.00**
A layered delight served with seasonal salad leaves and a lemon scented crème frachie
- **Ratatouille terrine(V) £4.00**
Mixture of Mediterranean vegetables dressed with a tomato vinaigrette



FRUIT

- **Freshly Peppered Strawberries (V) £4.00**
Presented in a Galia melon basket
- **Fig and buffalo mozzarella wrapped in Carmarthen ham £4.50**
Served on a layer of fresh rocket leaves

SOUP

- **Gower Vegetable Soup (V) £4.00**
Fresh local vegetables garnished with herb croutons
- **Welsh Leek & Potato soup (V) £4.00**
A creamy blend of leek & potato garnished with freshly snipped chives
- **Cream of tomato and basil soup(V) £4.00**
A delightful blend of tomatoes and basil garnished with a swirl of cream and basil leaves
- **Mushroom and watercress soup(V) £4.00**
A creamy mix of mushrooms garnished with watercress leaves
- **Spiced squash soup(V)**
Spiced with garlic, cumin, chilli and garnished with fresh coriander



SPECIALITY STARTERS

- **Poached Tuna Tower £4.25**
Fresh tuna poached in coriander and lime neatly layered with cous cous, freshly made chilli hummus, orange scented carrot and served with seasonal mixed salad
- **Asparagus spears £4.00**
Fresh poached asparagus wrapped in pancetta drizzled with olive oil and balsamic dressing, garnished with hollandaise sauce
- **Goats cheese tartlet (V) £4.00**
A warm welsh goats cheese tartlet topped with sun blushed tomatoes and garnished with green and black olives
- **Wild Mushroom Veloute (V) £4.00**
Served en croute with a green salad and balsamic drizzle
- **Italian Anti Pasti £4.40**
Serrano Ham, Salami & Prosciutto served with a Feta Salad & Mixed olives with Balsamic Vinegar and Olive Oil Breads & Warm Flatbreads



1. Gluten



2. Crustaceans



3. Mollusc



4. Fish



5. Nuts



6. Peanuts



7. Sesame seeds



8. Eggs



9. Milk



10. Mustard



11. Celery



12. Lupin



13. Soya



14. Sulphur Dioxide

